

Biome Kitchen

- HOMEMADE SOUP** **VGO** **GFO*** 6.50
ALWAYS VEGAN, ALWAYS DELICIOUS!
PLEASE CHECK FOR TODAY'S FLAVOUR
- SMOKEY BEAN, LENTIL AND VEGETABLE STEW** 219kcal **DFO** **GFO** 7.95
SERVED WITH FRESH BREAD AND CORNISH BUTTER
- INDIAN SQUASH CURRY** 632kcal **VG** **GFO** 9.95
SERVED WITH FRAGRANT RICE, POPPADUM, FRESH CORIANDER, CHILLIES AND MANGO AND PANELA CHUTNEY
- EDEN PASTA** 513kcal **VG** 9.95
ORGANIC CORNISH PASTA COOKED IN A RICH TOMATO, VEGETABLE AND HERB SAUCE SERVED WITH GARLIC CIABATTA AND FRESH SALAD
- HOMEMADE EDEN PIE** 815kcal **VG** **DF** 9.95
A SWEET SPICED CHICKPEA AND VEGETABLE PIE ENCASED IN SHORTCRUST PASTRY SERVED WITH HERBED NEW POTATOES, ROASTED SEASONAL VEGETABLES AND A CARAMELISED ONION GRAVY
- TRIO OF KITTOWS SAUSAGES** 996kcal **GF** **DF** 11.25
AWARD-WINNING SAUSAGES SERVED WITH HERBED NEW POTATOES, ROASTED SEASONAL VEGETABLES AND A CARAMELISED ONION GRAVY

Children

- FISHLESS FINGERS** 442kcal **VG** 7.50
SERVED WITH HERBED NEW POTATOES AND PEAS
- EDEN PASTA** 318kcal **VG** 6.95
ORGANIC CORNISH PASTA COOKED IN A RICH TOMATO, VEGETABLE AND HERB SAUCE SERVED WITH GARLIC CIABATTA AND FRESH SALAD
- KITTOWS SAUSAGE** 688kcal **GF** **DF** 7.95
AWARD-WINNING SAUSAGES SERVED WITH HERBED NEW POTATOES, ROASTED SEASONAL VEGETABLES AND A CARAMELISED ONION GRAVY
- KIDS BAG** 7.50
PACKED LUNCH WITH JOUSED FRUITY WATER, A PIECE OF FRUIT, SALTED CRISPS AND A CHOICE OF CHEESE OR HAM WRAP
CHEESE 910kcal | HAM 708kcal

Sides

- POTATO BITES** 403kcal **VG** **GF** 5.50
- DIPS** **VG** **GF** GARLIC MAYO 392kcal | CHIPOTLE MAYO 412kcal 1.00
- ROASTED VEGETABLES** 208kcal **VG** **GF** 4.50
- HERBED NEW POTATOES** 276kcal **VG** 4.00
- GARLIC CIABATTA** 363kcal **VG** **GF** 4.50

- V** VEGETARIAN **VG** VEGAN **VGO** VEGAN OPTION **DF** DAIRY FREE
GF GLUTEN FREE **GFO** GLUTEN FREE OPTION **DFO** DAIRY FREE OPTION

* PLEASE NOTE THAT OUR GLUTEN FREE BREAD CONTAINS EGG

IF YOU HAVE ANY DIETARY REQUIREMENTS OR NEED ASSISTANCE WITH THE MENU PLEASE SPEAK TO A MEMBER OF OUR TEAM - WE'RE ALWAYS HAPPY TO HELP.

ADULTS NEED AROUND 2000 KCAL A DAY. KCAL VALUES ARE FOR THE DISH AS DESCRIBED.

