

















the med terrace

NIBBLES

Marinated olives 155kcal	  	5
Locally baked focaccia with Cornish rapeseed oil and aged balsamic vinegar 646kcal	 	4.5
Garlic Ciabatta 204kcal		5.5
Cheesy Garlic Ciabatta 294kcal		6.25
Balsamic pickled onions 272kcal	  	4
Chilli Rice Crackers 396kcal	 	2.5
Sea Salt Mixed Nuts 184kcal	   	2.5


PIZZA

Margherita Pizza   	10
A classic; stone baked and finished with rocket and basil oil 800kcal	
Verde Pizza 	10.25
Stone baked, white sauce base with spinach, roasted artichokes and oregano, finished with rocket and fresh basil oil 1050kcal	
Pugliese Pizza  	11.50
Stone baked, tomato and herb base, caramelised red onion, sun blushed tomato and mozzarella, finished with rocket and fresh basil oil 1029kcal	
Chorizo Pizza 	12.95
Stone baked, tomato and herb base, Cornish goats' cheese, sliced chorizo, olives and mozzarella, finished with rocket and fresh basil oil 752kcal	

EXTRAS

Golden roast potatoes 208kcal	  	4.50
Fennel, watercress and pine nut salad 304kcal	   	6.25
Dressed Leaves 131kcal	  	4
Chipotle Mayo Dip 412kcal	  	1.25
Garlic Mayo Dip 392kcal	  	1.25


Dairy free


Dairy free option



Gluten free


Gluten free option


Vegetarian


Vegan


Vegan option


Contains nuts

If you have any dietary requirements or need assistance with the menu please speak to a member of our team – we're always happy to help.

Adults need around 2000 kcal a day. Kcal values are for the dish as described.